



Cheltenham Spa Members Guidance - 17 May 2021

These guidelines are for your safety and the safety of others, please follow them. If you feel you are unable to abide by the guidelines, please consider if you should be playing at this current time. Members are accountable for following the social distancing measures and as such are responsible should they not adhere to them.

Relevant information:

- Information in this document is in line with the updated Bowls England guidance for Step 3 of the roadmap out of lockdown which can be found below:

https://www.bowlsengland.com/wp-content/uploads/2021/05/return_to_play_step_three_100521_CLEAN_v1.pdf

- Do not go to the club if you are experiencing any coronavirus (COVID-19) symptoms or any cold or flu-like symptoms, in particular a cough or a high temperature. Use the NHS 111 website or helpline and seek advice. For your own protection, follow the advice about self-isolation if you are, or are living with, someone in one of the vulnerable groups.
- At step 3 there will be no restriction in the format of outdoor play. A maximum of 30 Visitors/Spectators will be allowed. Limited indoor hospitality will be permitted subject to Government Guidelines. In summary this is the 'Rule of Six' while seated at a table, table service for drinks and snacks and face covering to be worn when moving about inside. The clubhouse will be arranged to enable these measures. These will include a one-way system in and out of the lounge and limited and suitably spaced seating.
- Both organised and informal play is permitted. We will continue with the booking system we used successfully last year with some modifications to accommodate the return to organised play.
- Where organised play takes place away from the club, local guidance will apply.

Booking a rink:

Slots for informal play can be booked by sending an email to Trevor Ritchie stating the time you want and who you will be playing with. Trevor will then add the booking to the CSBC Activities calendar that can be viewed on the club's website. His email address is tgritchie@blueyonder.co.uk. If you do not have email you can contact Trevor on 07717 369332, please use a text message in the first instance and only call if this is your only means of contacting him.

- Bowling slots will be 2 hours in length – up to 1 hour 30 minutes of bowling and 30 minutes in which to change footwear, disinfect items which may have been touched and replace them and leave.
- Rinks/Times available are listed below and can be booked on any day of the week:

| Time | Rinks |
|--------|----------------------------------------------------------------------------------------------------------------------|
| 12 - 2 | All 6 rinks will be set up and available for play. There will be no restriction on organised games or informal play. |
| 2 - 4 | |
| 4 - 6 | |
| 6 - 8 | |

Members are asked to consider the weather before travelling to the club. Normal rules apply regarding rain. If it rains during the game members will be able to shelter inside subject to the guidelines applying to indoor hospitality.

- Members are encouraged not to book more than 6 sessions within a week to allow access to all members who wish to bowl. As previously mentioned, this season organised play will take place subject to these guidelines. This includes organised club competitions and a relatively normal inter-club fixture programme. Whenever these events take place, all of the green will be taken up and so no informal slots may be booked. To assist in this, the booking calendar will show the latest state of any organised play. If you can, please check the website calendars before contacting Trevor in order to identify free sessions.

Arriving at the club:

- Members may arrive at the club or travel to away fixtures by sharing a car with others subject to the Government guidance on car-sharing.
- Members should arrive no more than 10 minutes before they are due to play. In order to assist the NHS test and trace scheme, a QR code poster is available at the entrance to the clubhouse. Please scan this code with your mobile phone NHS Covid app if you have one.
- Members should arrive at the bowls club in the clothes they will be playing in (except shoes)
- Members are advised to use hand sanitiser/wash hands once they have entered the club house to collect equipment.

Personal care:

- Try to avoid using shared equipment whenever possible. Players are advised to have their own mat/jack during any session. If you are using shared equipment, practise strict hand hygiene before and after use. To facilitate this in organised play, hand sanitiser will be available at the end of each rink in play. Should measuring be necessary, players or markers must use their own equipment. Chalk spray should be used where possible.
- Pushers, 2 metre sticks, ditch markers or scoreboards may be used but members should think carefully if they are strictly necessary.
- Members should be wearing appropriate clothes in which to bowl and immediately change their shoes before and after the game.
- A one-way system will be in place in the clubhouse to allow access to the lounge, changing rooms and toilets. Please follow the arrows and wear a face covering at all times while moving around the clubhouse. Members having to use the facilities should leave them in a clean state and clean and sanitise any parts of the facility that they have touched after use. The large changing room will be open for players to collect their equipment, change their shoes etc. and there must be no more than 6 players in the changing room at any time.

Playing the game:

- Subject to the Personal Care advice set out above, play may proceed normally. The most important advice is to sanitise hands before and after play.
- Members must not shake hands before, during or after a game.
- Members must not 'high-five' or 'hug' other players to celebrate shots or a win
- If scoring:
 - Social distancing rules must be strictly adhered to at all times.
 - Do not touch your opponents' bowls with your hands.
 - Avoid sharing equipment.

After the game:

- When you finish informal play, change your shoes and leave the club promptly (no later than 10 minutes after finishing) ensuring that club is secure if you are the last person in the club. The lounge and bar will not normally be open other than for organised play.
- For organised play, limited indoor and outdoor hospitality will be available. In Step 3 this will be limited to drinks and snacks served in the lounge subject to Government guidelines as they apply to the club. (See Relevant Information above)
- Any rubbish must be taken off the premises and not put in the bins within the club.