



Cheltenham Spa Members Guidance

These guidelines are for your safety and the safety of others, please follow them. If you feel you are unable to abide by the guidelines, please consider if you should be playing at this current time. Members are accountable for following the social distancing measures and as such are responsible should they not adhere to them.

Relevant information:

- Information within this document is in line with Bowls England guidance which can be found below:

https://www.bowlsengland.com/wp-content/uploads/2020/05/bowls_england_covid_19_club_guidance_140520_FINAL.pdf

- Do not go to the club if you are experiencing any coronavirus (COVID-19) symptoms or any cold or flu-like symptoms, in particular a cough or a high temperature. Use the NHS 111 website or helpline and seek advice. For your own protection, follow the advice about self-isolation if you are, or are living with, someone in one of the vulnerable groups.
- The Government guidance for 'clinically vulnerable' groups remains the same. If you are in this group you are advised to stay at home as much as possible and, if you do go out, take particular care to minimise contact with others outside your household. Bowls England has requested clarification on the participation of those classed as 'clinically vulnerable' within the sport. To date, we have received no further reply. Until any response is received, we can only advise that those within the 'clinically vulnerable' category must make a personal judgement on their participation in accordance with Government guidance. If you are living in a household with a possible COVID-19 infection or if you are classified as 'clinically extremely vulnerable' on health grounds, the guidance is that you should remain at and exercise at home. Full details at:

<https://www.gov.uk/government/publications/coronavirus-outbreak-faqs-what-you-can-and-cant-do/coronavirus-outbreak-faqs-what-you-can-and-cant-do#vulnerable-groups-shielding-70-year-olds-and-over-and-care-homes>

- No visitors/spectators to be admitted to the club – lock the internal gate once all players have arrived to avoid visitors entering the club. A sign reminding members of this will be displayed. This will mean there will be a maximum of 6 people on site at any given time.

Booking a rink:

Slots can be booked by sending an email to Trevor Ritchie stating the time you want and who you will be playing with. Trevor will then add the booking on to the CSBC Activities calendar that can be viewed on the club's website. His email address is tgritchie@blueyonder.co.uk. If you do not have email you can contact Trevor on 07717 369332, please use a text message in the first instance and only call if this is your only means of contacting him.

- Bowling slots will be 2 hours in length – up to 1 hour 30 minutes of bowling and 30 minutes in which to change footwear, disinfect items which may have been touched and replace them and leave.
- Rinks/Times available are listed below:

Days	Time	Rinks
Monday	12 - 2	Only 3 rinks will be set up and available and will be sufficiently distanced to comply with social distancing measures.
	2 - 4	
	4 - 6	
	6 - 8	
Wednesday	12 - 2	
	2 - 4	
	4 - 6	
	6 - 8	
Friday	12 - 2	
	2 - 4	
	4 - 6	
	6 - 8	
Saturday	12 - 2	
	2 - 4	
	4 - 6	
	6 - 8	
Sunday	12 - 2	
	2 - 4	
	4 - 6	
	6 - 8	

*Members are asked to consider the weather before travelling to the club. Normal rules apply regarding rain. If it rains during the game members will not be able to shelter inside or together outside as this would break social distancing guidelines.

- Members are encouraged not to book more than 3 sessions within a week to allow all members who wish to bowl access. If you can, please check the calendar before contacting Trevor in order to identify free sessions'

Arriving at the club:

- Members must arrive separately or with one other member of your own household if they intend to play bowls with you.
- Members should arrive no more than 10 minutes before they are due to play.
- Members to arrive at the bowls club in the clothes they will be playing in (except shoes).
- In order to avoid contamination of the gates and handles it is suggested that members wear disposable gloves. If members do not have these then they are advised to use hand sanitiser/wash hands once they have entered the club house to collect equipment.

Personal care:

- Members must only use a mat – one each per player i.e. Each player will have their own mat and not touch their opponents these must be sanitised before and after use.
- Members should consider using alternatives to mats. Players could use a variety of mat substitutes e.g. bowls cloths, bar towels or even beer mats to simply mark the point on the green where the mat would be. These would only be handled by one individual during play and taken home after use.
- The position of the 'mat' should be altered to avoid damage to the green.
- One player will collect 2 jacks which only they will touch for the duration of the game.
- Prior to bowling members need to clean the equipment they are using with the sanitising equipment provided including their bowls.
- Members should not use the woods in the racks but should only use their own woods which should be taken home and not left in lockers or the clubhouse.
- No Pushers, 2 metre sticks, scoreboards or club scorecards (provide your own or use the one at the bottom of this document) to be used.
- Members should be wearing appropriate clothes in which to bowl and immediately change their shoes before and after the game.
- The club toilets should only be used if their use is unavoidable and should be accessed via the ladies changing room that can serve only as a corridor, the door should be signed to show if either of the toilets are in use. Persons having to use the facilities should leave them in a clean state and clean and sanitise any parts of the facility that they have touched after use.
- Members must check before leaving the green to use the toilets that all other players are still on the green ensuring the toilets are free.

Playing the game:

- Members should only play with people from their own household or by their self or, as long as you stay two metres apart, with one other person from outside your household. Groups of more than two people must all be from the same household.
- Members must not shake hands before, during or after a game.
- Members must not 'high-five' OR 'hug' other players to celebrate shots or a win
- Members must only handle the mat which they collected prior to the game for duration of the session.
- Two jacks (one at each end) should be used and this should be set by one player only throughout the session. The positioning of these should be agreed between players before going to the other end.
- If scoring:
 - Social distancing rules must be strictly adhered to at all times.
 - Do not touch your opponents' bowls with your hands
 - Avoid measuring for shot/s.

After the game:

- When you finish playing, change your shoes and leave the club immediately – ensuring that you have sanitised all equipment used and that the club is secure (as applicable)

- Members may wish to wear gloves to avoid contaminating locks, handles, gates etc as they leave. However proper hand sanitising is the best course of action to prevent contamination of surfaces etc.
- Any rubbish must be taken off the premises and not put in the bins within the club.
- Members are strongly advised to wash hands as soon as they arrive home and avoid touching their face in the meantime.

YOUR BOWLS CLUB NAME HERE				
Competition.....				
Date / /				
Rink No		VS		
1				
2				
3				
Skip				
SHOTS	TOTAL	ENDS	SHOTS	TOTAL
		1		
		2		
		3		
		4		
		5		
		6		
		7		
		8		
		9		
		10		
		11		
		12		
		13		
		14		
		15		
		16		
		17		
		18		
		19		
		20		
		21		
		22		
		23		
		24		
		25		
		26		
		27		
		28		
		29		
		30		
TOTAL			TOTAL	

scorecards by www.bushhillbowls.co.uk - 020 8362 1780